

FORWORD

T.Y.S. Lama Gangchen

Tibetan Lama Healer

It is a pleasure to see the publication entitled *The magic of Tibetan Buddhism About a Lama Healer and the search of a girl from Limburg*.

In 1987 I visited Holland for the first time. Coming to Holland was a very new experience for me as I was born in the Himalayas and had never heard of a land below sea-level, neither had I ever traveled to a totally flat country. So I discovered a very beautiful land with wonderful people. During my first visit I met many new friends in Tilburg and among them also Toet de Best.

Since then she has followed many teachings and initiations and traveled with me to many places around the world. She joined many of our pilgrimages to India, Nepal, Indonesia, Mongolia, China and Tibet. In particular, she became very active in organizing my visits to Holland and collaborated for special events such as the construction of a Chenrezig sand mandala in 1989. Later she helped to establish the Lama Gangchen International Global Peace Association which then became a Foundation. She has dedicated much of her time to translate many of my books into the Dutch language and now has co-authored together with Karin Zwaan this book to share her experience with this world and especially the Dutch people.

We rejoice in this publication, as I believe it can be very useful to many people of this modern society, who have similar questions, worries and fears. Therefore, sharing the experiences and answers one has found through the dharma can be very helpful to other friends of this and future generations.

It is my wish and hope that you (the reader) will enjoy reading this book and find answers and solutions to your questions and problems. May the rays of light of the Buddha's teaching illuminate the paths of many through this book.

May all be auspicious.

T.Y.S. Lama Gangchen

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